

DIGESTIVE DISEASES ASSOCIATES OF TAMPA BAY, LLC

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SUTAB PREP INSTRUCTIONS

Medications – The procedure you are scheduled to have will require you to stop certain medications for a set period prior to your procedure. Please see page 2 for further instructions on Blood Thinning Medications.

Diet – The procedure you are scheduled to have will require you to follow a clear liquid diet. Please see page 3 for further instructions and a sample menu.

The Dosing Regimen

SUTAB is a split-dose (2-day) regimen. A total of 24 tablets is required for complete preparation for colonoscopy. You will take the tablets in two doses of 12 tablets each. Water must be consumed with each dose of SUTAB, and additional water must be consumed after each dose.

DAY 1, DOSE 1—The day BEFORE your colonoscopy

- **At 6:00PM** Swallow the 12 tablets with the first 16 ounces of water
- STEP 1 Open 1 bottle of 12 tablets.
- STEP 2 Fill the provided container with 16 ounces of water (up to the fill line). Swallow 1 tablet every 1 to 2 minutes. You should finish the 12 tablets and the entire 16 ounces of water within 20 minutes. Drink the additional two 16 ounces of water
- STEP 3 Approximately 1 hour after the last tablet is ingested, fill the provided container again with 16 ounces of water (up to the fill line), and drink the entire amount over 30 minutes.
- STEP 4 Approximately 30 minutes after finishing the second container of water, fill the provided container with 16 ounces of water (up to the fill line), and drink the entire amount over 30 minutes.

DAY 2, DOSE 2—The day OF your colonoscopy

- **At 1:00AM** (5-6 hours prior to scheduled procedure time) Swallow the other 12 tablets with another 16 ounces of water.
- Repeat STEPS ONE (1) THROUGH FOUR (4) from Day 1, Dose 1
- Nothing by mouth (NPO) after midnight the night before the procedure except for the water & tablets to complete your prep.

On the day of the procedure

- Take all blood pressure, heart, or seizure medication with a sip of water.
- Do not take any diabetic medications unless otherwise instructed to do so by your physician.
- **Please arrange for transportation**, you will be sedated and cannot drive or go home alone. Please avoid taking a cab/pick up services unless accompanied by an adult.

Questions

If you have any questions, please contact our office at 813-653-3359, Option 7.