

DIGESTIVE DISEASES ASSOCIATES OF TAMPA BAY, LLC

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www.GIHEALTHTAMPABAY.com

CLENPIQ PREP INSTRUCTIONS

Items to purchase if not dispensed by pharmacist *both can be found in the laxative aisle at the pharmacy.*

- **Dulcolax** laxative tablets (or generic brand)
- **Miralax** (polyethylene glycol 3350) 119g bottle (4.1 oz)

Medications – The procedure you are scheduled to have will require you to stop certain medications for a set period prior to your procedure. Please see page 2 for further instructions on Blood Thinning Medications.

Diet – The procedure you are scheduled to have will require you to follow a clear liquid diet. Please see page 3 for further instructions and a sample menu.

Prep instructions the day before the procedure

- **Clear Liquid Diet Only all day from the time you wake up**
- **2:00 PM the day before your procedure**, take 2 Dulcolax (laxative) tablets
- **3:00 PM the day before your procedure** drink the entire first bottle of Clenpiq.
- **Immediately** follow the first bottle of Clenpiq with five (5) 8-ounce glasses of clear liquid **WITH** 1 dose of **Miralax** in each glass.
- **6:00 PM the day before your procedure**, drink the entire second bottle of Clenpiq
- Immediately follow the second bottle of Clenpiq, drink three (3) 8-ounce glasses of clear liquid **WITHOUT Miralax**
- You must drink both full bottles of Clenpiq to complete the prep.
- Nothing by mouth (NPO) after midnight the night before the procedure

On the day of the procedure

- Take all blood pressure, heart, or seizure medication with a sip of water.
- Do not take any diabetic medications unless otherwise instructed to do so by your physician.
- **Please arrange for transportation**, you will be sedated and **cannot drive** or go home alone. Please avoid taking a cab/pick up services unless accompanied by an adult.

Questions

If you have any questions, please contact our office at 813-653-3359, Option 7